



4-H Youth Development

Over the Clover

VOLUME 18

ISSUE 1

JAN, 2010

A monthly publication for the 4-H members, leaders & families of Deschutes County

Horse Bowl & Hippology Teams Demonstrate Amazing Knowledge at National Contest

The Western Region National Horse Classic was recently held in Denver, CO. We sent a hippology team and a horse bowl team both competing to 9th place finishes and contributing to an overall 4th place for the State of Oregon. Other horse members from Oregon also contributed, including a horse judging team from Coos County and team and individual public speakers and presenters from around the state. All Oregon participants were strong competitors and enjoyed their time in Denver.

Our hippology team of Chrystal Bates, Lindy Perry and Kayla Vincent and the Horse Bowl team of Amanda Smalberg, Michelle Gant, Anna Shoffner and Madi Mills, have been preparing for months.



Practicing a minimum of once per week and studying, in some cases, daily. Additionally, they've been working various events to generate funds to pay for their trip. While the process has seemed a bit overwhelming, the results were outstanding. These young ladies learned an incredible amount of information and worked together to demonstrate these skills! Of course, they also enjoyed Denver, the stock show and the other 31 state's young people who participated in the various contests.

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DESCHUTES COUNTY 4-H CALENDAR

(Can't find it here? Be sure to check the individual project calendars.)

Jan.	4	Executive Committee, JEC 6:00 pm; Adult Officers 7 pm	19 & 20	Western Equ & Showmanship Clinic; DCFE, 6:00 pm
	12	Project Advisory Meetings, 6:00 N Sister	22	Equine Series #11; NS 6:30 pm
	14	Equine Series #4; 6:30 pm, N Sisters	24	Food & Clothing Skills Contest; Hugh Hartman
	15-18	High Desert Leadership Retreat, Eagle Crest	23-25	Spring Horse Classic—Here
	21	Sr/Int Horse Bowl; 6:30 pm	May	3 Executive Committee, JEC 6:00 pm; Adult Officers 7 pm
	21	Auction Committee Meeting, 6:30 pm	*4	Project Advisory Meetings, 6:00 NS
	23	Dog Fun Match, 8:15 am N Sisters	7	Redmond Coffee Clatter
	28	Equine Series #5; 6:30 pm, Ext Office	8	Cookie Camp
	30	Idea Fair 📷	15-17	Serving @ Central Oregon Symphony Bend High
Feb.	4	New Leader Training, 6:30 pm	17	English Equ & Showmanship Clinic; DCFE, 6:00 pm
	6	Steer Weigh In 10:00 –12:00,DCFE	17	Sheep, Hog, Goat Weigh-in; DCFE
	11	Equine Series #6; 6:30 pm, HDAC	18	4-h, Youth Dev & Your Child; Here
	12	State Resumes & Scholarship Apps. Due	20	Auction Committee Meeting;6:30 pm
	13	Cookie Camp!!	29 & 30	DCLA Horse Show; DCFE
	20	Horse Judging Contest, 9:00am, Sage Brush Arena	June	5 Cook & Colleen Campout 4-H Kids
	20-22	Serving @ Central Oregon Symphony Bend High	5	Juniper Jackpot; Sheep Barn
	21	Serving @ Redmond Community Concerts Redmond High	5	Larkspur Festival
	22	LaPine Open House; 6:30—8:30	12	Dressage Clinic; Sagebrush Arena
	25	Record Book Training	15	Auction Committee Meeting; 6:30 pm
	25	Equine Series #7; 6:30 pm, N Sisters	21	Record Book Check; North Sister
	28-2	Know Your Govnment	23-26	OSU Summer Conference. OSU Campus
Mar.	1	Executive Committee, JEC 6:00 pm; Adult Officers 7 pm	29	Record Book Checks; All Communities
	2	Your Child Youth Development;6:30 pm	July	1 Record Book Check; Bend & Redmond
	4	New Leader Training, 6:30 pm	5	Executive Committee, JEC 6:00 pm; Adult Officers 7 pm
	6	Tri-County Horse Judging Contest; 9 am	*6	Project Advisory Meetings, 6:00 N Sister
	11	Equine Series #8; 6:30 pm, N Sisters	8	Small Animal Weigh-In; Dairy Barn 4:00- 6:30 pm
	11-14	Western Regional Leaders Forum; Alburque, New Mexico	8	Fashion Revue, NS, All Day
	14	Serving @ Redmond Community Concerts Redmond High	8	FINAL RECORD BOOK CHECK, N Sister
	*15	Auction Committee Meeting, 6:30 pm	22-25	Horse Fair
	*16	Project Advisory Meetings, 6:00 NS	24	North Sister Set Up Day
	20	Living on a Few Acres; N Sisters	26	Static Exhibit Interview Day
	19-21	National Youth Horse Leaders Sympsiom, Lexington KY	27	Dog Fair; 1 pm—Hooker Creek Expo
	19-21	Northwest Horse Fair & Expo, Albany	27	Animals Arrive; 7-12
	20–21	Sportsman's Pentathlon	28-1	Deschutes County Fair
	25	Equine Series #9; 6:30 pm, N Sisters	Sep	6 Exec Meeting; Extension Office
	27	Bowl Day; Horse 9-12, S Animal 1-3	14	Advisory Meeting; DCFE-NS
	31	Western Equ & Showmanship Clinic DCFE, 6:00 pm	16	Auction Meeting; Here
Apr.	5	New Leader Training, 6:30 pm	Nov	1 Exec Meeting; Extension Office
	8	Equine Series #10, NS 6:30 pm	9	Advisory Meeting; DCFE - NS
	10	Speech & Presentations Contest		*Changed Date.
	12-13	Horse Clinic; Hooker Creek Event Center 4:00 - 8:00		Photo ID opportunity 📷
	18	Serving @ Redmond Community Concerts Redmond High		<i>All meetings are at the Extension office unless otherwise noted.</i>
	19	Record Book Training		<i>Project committee meetings are open to all leaders, members, and parents. This is where decisions are made regarding your project area. Your attendance is encouraged and most welcome.</i>

What's Up?

Merv & Sally Fleming College/Trade/Technical School Scholarship

Merv & Sally Fleming are officering two \$500 scholarships to a current year High School graduate that is currently enrolled in a 4-H Horse or Non-Market animal projects. Scholarships will be given for the second term in college/trade school.

Applications are available on our website: www.deschutes4h.com. If you need one sent to you, give Reaza a call at 541-548-6088.

Applications are due in our office by **MARCH 15, 2010.**



Community Service Opportunities

As you know, one of your pre-fair requirements must be a community service. To help your club fill this requirement, there are several possibilities listed on our new DCLA website! Go to <http://www.deschutes4h.com>: 4-H News & Events : Community Service & Fund Raising Opportunities. Cookie Camp, Central Oregon Symphony, Toys for Tots... Keep checking to see what new opportunities are available. Check the site often, since some opportunities, like Toys for Tots, are for a limited time only.

Youth Voice, Youth Action! Formerly Know Your Government

YVYA, formerly known as KYG will be held in Portland on Sunday February 28 thru March 2. For more information go to our website: www.deschutes4h.com : [4-H News & Events](#)

Community Service Required

Just a reminder, 4-H in Deschutes County considers giving back to our community a high priority. All members who wish to participate at the fair, must participate in a **4-H Club Community Service Project**. Plan yours now! ccb

Participating in Fair

Remember, in order to participate in Fair, members must have their record books up to date, the previous year closed out, and you must pass a record book check.

Reserve one of these dates on your calendar. **If your record book does not pass a check, you will not be able to show at fair!** For this reason, it is a good idea to not make the final check your first attempt! If there are problems with your records that need to be corrected, you have no options for return checks!

If for some reason you are unable to make one of the above checks, please call the Extension office to make arrangements for a private check **BEFORE July 8th!** Late record books will have to go through the Program Management Advisory Committee for approval.

All checks will take place from 5:30– 8 pm

Monday, June 21st

North Sister, Redmond

Tuesday, June 29th

North Sister, Redmond

Senior Center, Bend

Mid State Electric, La Pine

Cloverdale Fire Dept, Sisters (*not confirmed*)

Dames & Dudes Hair Design, Tumalo

Thursday, July 1st

North Sister, Redmond

Senior Center, Bend

Tuesday, July 8th FINAL CHECK

North Sister, Redmond

What's Up?

(Continued from page 1)

Please join me in congratulating these young lady's efforts, success and accomplishments and in thanking their amazing coach Lynne Shoffner who was assisted at times by Annette Perry, Shay Perry, Karissa Dishon, Larry and Buck Davis and many others. Thanks to everyone who contributed to this groups success including the many sponsors who helped make the trip possible: Harold and Peggy Ashford, Knapp Friesians, Del & Barb Jenkins, Central Oregon Symphony, The Nutcracker, Bob & Carolyn Schmidt, Karissa Dishon, Umpqua Harness Driving Club, Greg & Lynne Shoffner, Kim & Kathy Russell, the Chambers Family Foundation, Patterson Engraving, James and Marion Harrison, the Deschutes County 4-H Horse Leaders, and many others along the way. Without a doubt, I've missed someone here, so to all who made this trip possible, THANK YOU! This trip was beneficial, successful, and fun—your willingness to make it happen is truly appreciated!



Home Ec. & Ex. Arts Awards

Thanks and appreciation go out to Joy Mosier who has been handling our home ec. and expressive arts awards for many years! She has done a great job and we are very grateful for her dedication! This year however, Joy has decided it is time to pass the baton, so we are looking for a volunteer to take on this very important job! If you would be interested, please contact Tina ASAP so we can start planning for next year!

State Scholarships

High School Seniors: There are many college scholarships available through 4-H and OSU! Please take advantage of these opportunities. For more information, go to our new web site at: www.deschutes4h.com.

OSU Summer Conference Planning Committee

We are looking for Deschutes County 4-H'rs to be involved in the planning committee for next summers OSU Summer Conference. Meetings take place via video link from the Redmond Extension office, so there is no travel involved. Planning committee members receive a price break on fees for the conference as well. Interested? Contact Tina for more info!

Sunday Included!

The Deschutes County fair will once again be held through Sunday, making it a 5-day fair for 2010. Enjoy!

You, Your Child, Youth Development and 4-H

This is an orientation opportunity for 4-H families geared toward adults who have participating 4-Hers. We continually hear how "my leader didn't tell me that." Now is your chance to hear what the many possibilities are. You can make your child's 4-H experience special, join me for 1 1/2 hours and learn how! Next opportunity, Mar 2, 6:30 pm at the Extension Office — an RSVP would be awesome! ccb

What's Up?

10th Annual Extension Small Farms Conference

The 10th annual Extension Small Farms Conference will be held on Saturday, February 27, 2010, from 9:00 am to 5:00 pm. The one-day conference will be held on the Corvallis campus of Oregon State University at the LaSells Stewart Center. Find registration materials on-line at: <http://smallfarms.oregonstate.edu> or call the Benton County Extension Office at 541-766-3556 or toll free at t1-800-365-0201.

The conference includes 14 concurrent sessions, covering a range of topics of interest of growers who market their production directly to the public, for farmers' markets managers and board members, and for community food advocates.

Pre-registration is \$35 or \$60 for two registering together through February 16, 2010, and includes lunch; \$40 after 2/16; and \$45 at the door.

Get Wet

These workshops are sponsored by Jackson Bottom Wetlands Preserve. They provide not only a chance to observe and participate in the use of activities and materials from the Project WET Curriculum but also the opportunity to interact and network with other educators with similar interest.

Workshops also offer: teaching strategies and more varied opportunities to meet Oregon State Standards, 6 PDU's, partnership building and a sense of community involvement. This workshop is appropriate for K-12 educators. Cost: \$20/person, which is a material fee for curriculum guides, payable to Jackson Bottom Wetlands Preserve at the workshop.

Location: Jackson Bottom Wetlands Preserve Education Center

Date: Saturday, February 20, 2010

Call Lin Howell at Jackson Bottom Wetlands Preserve at 503-681-6429 for more information.

South Valley Bank and Trust 4-H Sportsmen's Pentathlon and Benefit Golf Tournament March 20th and 21st.

Fly Fishing | Sporting Clays | GPS/Orienteering
Chukar Hunt | 3-D Archery Shoot

Check the website for more details, or contact
Todd Williver or David White 548-6088



Lapine 4-H Open House

Bring your friends, community members, and anyone looking for a quality youth development experience for their young person. Join the 4-H staff at the Lapine Middle School, for a 4-H Open House. Monday, February 22 at 6:30 pm. More information coming soon!



Record Book Trainings

February 25th
April 19th

All meetings will be held at 6:00 pm. If you would like a private training for your club, call the Extension office and ask for Tina to see if we can work something out.



Tri-County Annual Idea Fair



What: Leaders, 4-Hers, and the public in Deschutes, Jefferson, and Crook, and surrounding counties have an opportunity to attend six brief but informative classes.

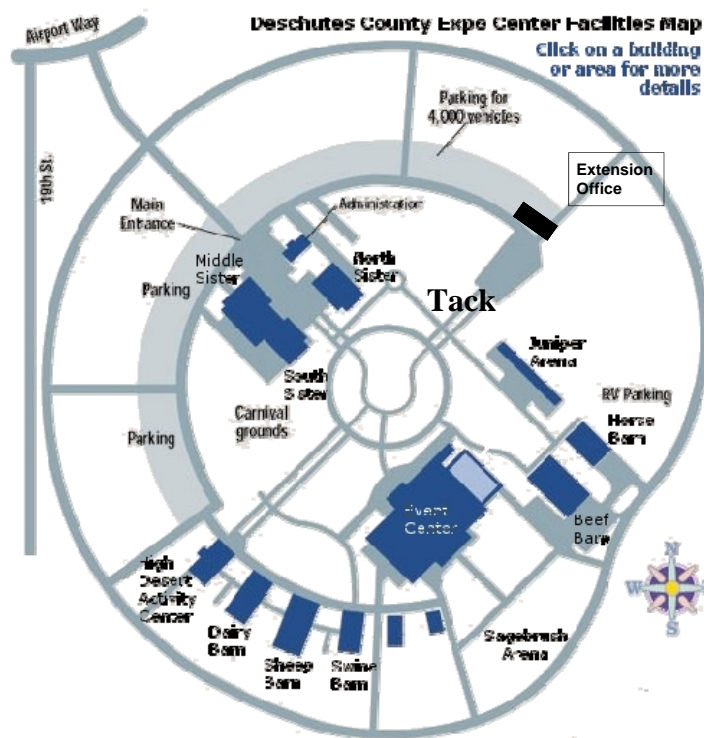
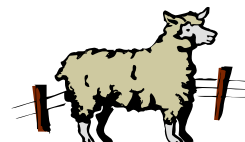
When: Saturday, January 30, 2010
Registration: 8:00 am; Classes: 9:00 am-4:00 pm

Where: Deschutes Fair & Expo, North, South & Middle Sisters, Redmond Tack Sale: North Sisters

Cost: Pre-Registration: \$10.00 per person or \$25.00 per family
Post Registration: \$15.00 per person or \$35.00 per family (no fee for tack sale only)

Lunch: Concessions will be available

Photo ID's: Middle Sister, near Registration



Pre-Register by Wednesday, January 27, 5 pm

Class Descriptions

Each class will be 50 minutes long with a 10 minute break between classes. At 12 noon, there will be a break for lunch. Classes will resume at 1:00 pm and conclude at 4 pm. **Pre-registration** is recommended since classes will fill quickly; however, same-day registration is acceptable for unfilled classes. Please return the registration form no later than **Wednesday, January 27, 5 pm**. Registrations received after **January 27** should include an additional \$5 per person or \$10 per family late

9:00 am Classes

Horse Cupcakes

Join *Kim Ries* and learn how to make horse cupcakes. It will be a hands on class and at the end of the class you will take home your creation. **Limit 20, Cost \$2.00**

Introduction to Lego Robotics

Join *Tom Katzke* as he introduces Lego Robotics for youth and adults. Participants will form groups to build a robot that will perform a specific task. Several ideas will be presented for each group to choose from or they may find a different solution to the challenge. **Limit 20, 2 hr class**

The "Blue Ribbon Policy"

You have selected an excellent 4-H project animal. Like any investment, you are wise to protect it. Come learn about insuring your project animal. This class will also cover other important information about auto insurance for youthful drivers, what makes the cost high and how to get the best deals. You are guaranteed to have fun with *Laurie and Mark Mushlitz* during this active class.

Youth Meats Quality Assurance—Stage 2

In this class you will learn about safe animal handling techniques to ensure good carcass quality of your market animals. *Jeremy Green* will discuss what "meat quality assurance" means not only to the consumer, but to the producer (if you raise market animals you are a producer). This class will be interactive and is geared toward anybody who raises market animals.

Swine Advancement Spelling Bee

In the skill options of the Swine Advancement Program #2 and #5 you must be able to spell swine words. Anyone who comes to this class has the opportunity to pass those two requirements in a fun setting with your friends. Join the *Hogwash 4-H Club* for lots of fun and win prizes too.

How to Achieve Your Financial Goals

To reach your financial goals you need to track your expenses, get control of spending, and invest what's left. Start young, while time is on your side. Join *Wayne Hanson* and watch and learn as a big kid and video shows you how.

Oral Reasons for Livestock Judging

Learn the basics to give a quality set of oral reasons. *Beka Porter and Ryan Kelly* will teach general terminology to comprise a high quality set of reasons. This class will also prepare you for any level of livestock judging you wish to be a part of. We will go past the basics and show the importance of confidence and tone of voice when dealing with any kind of public speaking.

Let's Talk Gardening

Let's talk gardening with *Toni Stephan*. This class will cover gardening skills useful for successful gardening in Central Oregon. This class will cover everything from improving the soil, where to plant, and windbreaks. Questions from the class will be encouraged to make sure your concerns are addressed.

Goat Kidding

Learn the basics of goat kidding from *Dr. Rachel Oxley*. She will cover the normal birthing as well common problems.

Secrets of Success in Rabbit Showmanship

Join the *Bend Rabbit Raisers Jr Leader's* as you delve into the mysteries of successful showmanship. From correct handling techniques to answering questions. You will gain valuable knowledge. Bring your rabbit, if you like, otherwise, a few animals will be provided. **Limit 20**

Record Book Help

In this class we will provide the time and help to get your record books started. If you haven't closed out last years, bring your receipts, etc. and a calculator and we'll get that done too!

Saddle Fit to Horse & Rider

Join *Bob Doolittle*, saddle maker and saddle fit expert. Learn how the skeletal structure of your horse relates to the tree and your saddle fit. Bob can teach you where problems arise and how to make the saddle fit your horse and you. **Limit 20**

Beginning Knitting

Bring size 8 needles, a skein of yarn and join *Nancy Cole* as she teaches you the basics to begin knitting.

Social Networking

What would your future employer learn about you on Face Book or My Space.

Paver Stones & Segmental Retaining Walls

Join *Ken Larson* from Willamette Greystone and learn about paving stones and segmental retaining wall units. How to get started and have hands on practice.

Teaching your Dog Tricks and Dance

Join *Sandy Schneider* as she demonstrates the art of tricks and dance with dogs. Sandy will have lots of demonstrations too.

Beginning Spinning

Join *Shirley Demaris* and learn the basics of turning a fleece into yarn. You will learn to spin on a drop spindle provided by Shirley. **Limit 15**

The Colt Trainer

This class will explore the art of starting your horses. *Jessie Daniels* will go over who should take on a colt training project, the 4-H rules and opportunities. Jessie is a professional trainer, 4-H leader, and long-time 4-Her.

Conformation of the Horse

This class will discuss what to look for when judging and/or buying horses. The three rules of muscle, structure, and balance will be discussed and how these rules of conformation can be applied to help you visualize what makes up a quality horse. *Scott Duggan* will teach an overall approach that relates how a horse's conformation directly affects their ability to perform athletically.

10:00 am Classes

Horse Cupcakes

Join *Kim Ries* and learn how to make horse cupcakes. It will be a hands on class and at the end of the class you will take home your creation. **Limit 20, Cost \$2.00**

Small Animal Judging

Alex Steller, Rachel Freshour, and Kraelyn Walker will discuss how a well held competition on judging teaches quality and condition of animals, meat cuts, and supplies you use in the rabbit and poultry world. There is local, state, as well as national events in Small Animal Judging. You will learn meat cuts of rabbits and poultry as well as grade of eggs you purchase in the stores.

Dog Judging Contest Prep

Kellie Eldridge & Danielle Cutlip will help prepare you for the County Dog Judging Contest this spring. This class covers areas of showmanship, obedience judging, dog breed ID, general dog care, equipment ID, and more. **Limit 25**

Introduction to Lego Robotics

Continued from 9:00

Beef Jeopardy

Come one, come all and test your knowledge with beef jeopardy. A fun way to make a club meeting educational. Bring you 4-H beef books and join *Stacy Calhoun* for Beef Jeopardy!

The Leader In You-Leadership Style Assessment

Do you ever work in groups? Ever wonder why some people in the group might bother you? Join *Jeremy Green*, take a leadership assessment and find the secrets to becoming the leader you were intended to be. In this class we will explore your specific leadership style and see how to recognize other leadership styles in the people you hang out with, work with, or even live with!

Groundwork Basics

If you want to learn how to handle your horse on the ground, then this class is for you! *Anna Shoffner* will discuss the basics of showmanship, gaining respect from your horse on the ground, and safety in this class. The purpose of this class is so to help you understand how to gain your horses trust and respect on the ground so you can also have it in the saddle!

How to Achieve your Financial Goals

To reach your financial goals you need to track your expenses, get control of spending, and invest what's left. Start young while time is on your side. Join *Wayne Hanson* and learn as a Big Kid and video shows you how.

Outdoor Cooking

Join *Todd Williver* and learn to use a dutch oven with the Deschutes County 4-H Outdoor Skills Club. We will be making dutch oven goodies. **2 hr Class**

Oral Reasons for Livestock Judging

Learn the basics to give a quality set of oral reasons. *Beka Porter and Ryan Kelly* will teach general terminology to comprise a high quality set of reasons. This class will also prepare you for any level of livestock judging you wish to be a part of. We will go past the basics and show the importance of confidence and tone of voice when dealing with any kind of public speaking.

4-H: A Family A'Fair

4-H is an outstanding youth development program. Join *Candi Bothum* and learn how to help your children get everything they can from it. Learn what opportunities are available, how to participate beyond their project area, and how **you** can make this the best experience. This class is designed for 4-H parents and families.

Freezing Foods Frenzy

Join *Jamie Davis* and discover how to save time and money through preparing meals ahead of time and freez-

ing these convenience foods. We will also discuss freezer maintenance and how to handle situations when your freezer fails.

Rabbit Care 101

Basics and tricks taught to help you raise healthy rabbits for show. Topics such as feeding, care, and housing your animals are explored. Experienced members of the *Bend Rabbit Raisers Jr Leaders* want to help you and your rabbits. **Limit 20**

The How To's of Market & Meat Goats

You will learn what to look for, how to feed, and shelter your meat goat. Join *Berni Becker* and learn how to prepare them for show season. Everything from feeding and exercise to grooming. There will be photos to look at and a lot of examples on "How to".

Saddle Fit to Horse & Rider

Join *Bob Doolittle*, saddle maker and saddle fit expert. Learn how the skeletal structure of your horse relates to the tree and your saddle fit. Bob can teach you where problems arise and how to make the saddle fit your horse and you. **Limit 20**

Using the WHOLE Chicken

Join *OJ Robinson*, Executive Chef at *In of the 7th Mountain Resort* and *Jules Schmitz*, Instructor for *Cascade Culinary Institute* to learn how to use a whole chicken from roasting it whole to breaking it down into pieces, and using the different pieces to make different recipes. Save money by purchasing a whole chicken rather than a cut up chicken. Create several different meals from one whole chicken. **Limit 20, 2hr Class**

Next Level of Knitting (a continuation from 9:00 "Basic)

This class will continue from were the 9:00 am Basic class left off.

Paver Stones & Segmental Retaining Walls

Join *Ken Larson* from Willamette Greystone and learn about paving stones and segmental retaining wall units. How to get started and have hands on practice.

Amateur Radio

Join *Drew Homes* and *Sterling Williver* as they introduces Amateur (HAM) Radio "When all else fails". Amateur radio, a hobby and so much more! **2 hr Class**

Creativity

Join *Bill Schertzinger*, a local architect, and explore your creativity. See where it will take you!

4-H Presentations and Demonstrations

Join *Karissa Dishon* and learn the basic steps to getting organized and preparing your 4-H presentation including selecting a topic, the use of visual aids, and putting your presentation together. **Limit 20**

11:00 am Classes

Small Animal Judging

Alex Steller, Rachel Freshour, and Kraelyn Walker will discuss how a well held competition on judging teaches quality and condition of animals, meat cuts, and supplies you use in both the rabbit and poultry world. There is local and state as well as national events in Small Animal Judging. You will learn meat cuts of both rabbits and poultry as well as grade of eggs you purchase in the stores.

Leather Key Fob

In this fun class you will watch a demonstration of a floral pattern using seven basic tools. You will see how each tool is used and how the design progresses with each step taken. Join *Raina Duncan* and design a key fob using 3-D and or letter stamps to customize your work. You will discover that complex leather work is very achievable and fun! **Limit 20, Cost \$1.00.**

Fun & Crafts for Young 4-H Members

This class is geared towards Cloverbuds (K-3) and for Juniors. *Kellie Eldrige & Danielle Cutlip* will teach fun activities and crafts that you will be able to take home with you. **Limit 20**

The Leader In You-Leadership Style Assessment

Do you ever work in groups? Ever wonder why some people in the group might bother you? Join *Jeremy Green*, take a leadership assessment and find out the secret to becoming the leader you were intended to be. In this class we will explore your specific leadership style and see how to recognize other leadership styles in the people you hang out with, work with, or even live with!

Outdoor Cooking

Continued from 10:00

How to Prepare for New County Contest (Hobbies & Collections)

Shari Marler will discuss requirements and judging criteria for the new county contest: Hobbies and Collections. What it is and how to prepare your display for 2010 Fair.

Sheep Showmanship Basics

Bob Marler will share information, tips and hints on making showmanship a more rewarding experience and improve your ability to be successful in the show ring. We will discuss preparing your animal, ring etiquette, and interacting with the judge.

Ready? S.E.T. Lego

Join *Jamie Davis* and explore four different types of simple machines through hands on activities using Lego kits.

Dave Ramsey Financial Basics

Join *Karen Murray* and learn the 7 baby steps of basic financial management as taught by Dave Ramsey. Following these principles can result in becoming and living debt free. Ideas for attending and completing college without accruing debt will also be discussed, as will the time value of money invested.

Record Book Basics

Learn what it takes to keep a winning record book in 4-H from Deschutes Co 4-H Leader *Meg Shanahan*. This class is especially geared for new members, parents and leaders and is intended to give an overall view of the 4-H Record Book, with main emphasis on the permanent record. Permanent record guideline entitled "4-H Memories" is provided, as well as other reference material.

Proper Nutrition for Meat & Dairy Goats

Join *Berni Becker* and learn feeding, breeding, and management. Learn about shelter, vaccinations, deworming, hoof care, and much much more.

Beef Showmanship

Join *Sarah Pick* as she shows a video by Kurt Stierwalt on cattle showmanship. This will be followed by a question and answer period. **Limit 20**

Using the WHOLE Chicken

Continued from 10:00

Basic Dog Grooming

Join *Evan Harris and Cyndi Harris* to learn basic dog grooming from everyday care and also how to groom your dog for the show ring. We will cover the basic tools (clippers, scissors, nail trimmers) and how to use them to make grooming easier.

Thank You, Thank You, Thank You

When it comes to 4-H, thank you letters are not just about you. They are a reflection of you, your family, Deschutes County 4-H and the OSU Extension Service. Just as important your letters and notes are marketing tools for you and 4-H. Join *David White* in this class.

Amateur Radio

Continued from 10:00

Generational Differences

Come and enjoy the basic generational differences, discuss why the differences and how we might better communicate and accommodate the diversity. Whether you are a Boomer, Xer, Y or Z, you'll enjoy understanding the differences.

Chain Saw Maintenance

Having trouble with your saw, keeping it sharp, keeping it running. Join *Kendall Derby* and learn how to have it ready to go whenever you need it. This class will include basic maintenance, sharpening and safety.

Adding Pizzazz to Club Meetings

Wondering how to get those youth engaged, having fun, and still learning and retaining what you want them to? Join *Amy Derby* and learn all sorts of fresh ideas for successful and fun 4-H meetings.

4-H Presentations and Demonstrations - Part II The Practice

Participants in this class will select a topic, create a visual aid, organize and present a short presentation.

1:00 pm Classes

First Aid for Horses

Get all the facts, figures and fixes! Know when to call the vet and what and how to manage things until they arrive. *Dr. Leslie Gill* will prepare you with basic knowledge, skills, and answer your questions.

How to Administer Shots

In this class you will learn about giving shots either subcutaneous or intramuscular. *Sarah Pick* will also discuss proper disposal of "sharps". This class is part lecture and part hands on.

Cookie Mix in a Jar

Kitchen Queens 4-H club will teach how to make cookie mixes in a jar. You will take yours home.

Limit 20, Cost \$5.00

Make Your Own Leather Bracelet

Sheryl Katzke will introduce you to the art of braiding leather. You will make a beautiful bracelet using kangaroo leather that looks very complex, but is relatively easy to do. This class is best suited for the ages of high school to adults. No previous leatherworking experience required. **(2hr Class) Limit 10, Cost \$5.00**

Getting Started with Your Pig Project

This is a great class for 1st year members. Join *Jessica Arnold* and learn how to prepare to bring home your pig. We will discuss and learn about feeding, housing, watering, and taming your new pig. You will learn how to train, bathe, and load your pig. We will go over basic health and medicating. We will also talk about the basic things to look for when picking out your pig.

What is that Horse Judge Thinking?

What is the judge looking for in the different classes for Horse Fair? *Peggy Ashford* will explain the differences between the blues, reds, and white ribbon placings.

Perfecting Pesky Performance Patterns

Do patterns throw you for a loop in your equitation classes? Do you get into the arena and lose your way? *Chris Lawrence* will show you some tricks to improve your success in this active, mock riding class.

A Cultivating Contraption

Invent a new contraption that helps provide plant's needs while growing indoors. (Like a miniature greenhouse) to get a head start with tomatoes, peppers, squash, marigolds, etc. *Shari Marler* will break you into groups where you will design and build a miniature model of your contraption, which you can then build at home to get an early start on your garden. **2hr Class**

Sheep Showmanship Basics

Bob Marler will share information, tips and hints on making showmanship a more rewarding experience and improve your ability to be successful in the show ring. We will discuss preparing your animal, ring etiquette, and interacting with the judge.

Record Book Basics

Learn what it takes to keep a winning record book in 4-H from Deschutes Co 4-H Leader *Meg Shanahan*. This class is especially geared for new members, parents and leaders and is intended to give an overall view of the 4-H Record Book, with main emphasis on the permanent record. Permanent record guideline entitled "4-H Memories" is provided, as well as other reference material.

Computer Refurbishing

The *Sisters 4-H Computer Club* will demonstrate and answer questions on how to refurbish old computers. **2hr Class**

Time, Talent, and Treasure

Philanthropy isn't just about other people giving money to great causes. In reality, we all have some time, talent, and treasure we can offer to make the world around us a better place. This class will help youth and adults explore, understand, and prepare for a life of philanthropy. **2 hr Class**

Organic Vegetable Gardening

Join Master Gardener *Jan Even* and learn how to have a successful vegetable garden. We'll cover general guidelines for site selection, when to plant, what to plant, and how to extend the season, as well as organic practices.

Social Networking

What would your future employer learn about you on Face Book or My Space.

All About Dogs

Thinking about getting the "perfect" dog? Participants will have fun learning about breed categories and why some breeds might not fit well into their lifestyle. Wheeler County Extension Agent *Amy Derby* will also discuss some basics such as crate training, vaccinations, general health topics, etc. This workshop is designed to broaden overall knowledge of the dog. **Limit 30**

Household Plumbing Repairs

If you own a home, you don't want to miss this class. Simple ways to fix those leaky faucets, toilets, and make small repairs. Join *Lloyd Luther* as he shares some secrets of the trade.

Leadership is a Skill You Can Learn

With the world changing so quickly, our upcoming leaders need to learn and practice leadership skills as early as possible. These skills, used in all aspects of family and community life, are tools that can improve family functioning, workplace effectiveness and cooperation within your community. This workshop will help leaders understand how their values drive their vision for the future. It will give leaders ways to build strong teams, whether the teams are in the family, at school or at work. Participants will practice the most effective conflict resolution strategies and leave with specific ideas to improve their personal leadership. **2 hr Class**

Beef Nutrition

Get your market steer headed in the right direction. Join the Payback – Show Feeds cattle feed consultant and learn a great way to get your steer on the right track

2:00 PM Classes

Leadership is a Skill You Can Learn

Continued from 1:00 pm

Understanding the Equine Parasite Puzzle

Parasites can be extremely dangerous to the health of your horse and proper care, management, and deworming programs are essential. Join *Dr. Leslie Gill* and understand when, why and how to best manage parasites in your horse.

Hot Drink in a Jar

Kitchen Queens 4-H club will teach how to make hot drink mixes in a jar. You will take home your creation **Limit 20, Cost \$5.00**

Easy Training for You and Your Pig

Jessica Arnold will go over a detailed training timeline to ensure success and confidence in the show ring. This class will be useful for all levels of experiences.

Equine Learning Game

Come and learn more about horses by playing some fun games with *Lindsay Soliz*. This class will be geared to younger kids.

The Sport of Fencing

Fencing is the oldest modern sport. It derives from the days when duels were used to settle differences between men. It has been an Olympic sport since the modern games began, and the sport is alive and well in Central Oregon. You will have the opportunity to watch and learn how the game is played, and to meet and question

young competing swordsmen from the Bend area and have the chance to try some of the techniques involved. Join *Bill Kullman* Fencer and Fencing Coach. **2 hr Class**

I Can Do That!

What it takes to become a 4-H horse judge. Join *Peggy Ashford* and learn the background, education, personality, and criteria to become a judge in the 4-H horse program.

Extra Curricular 4-H

4-H has so much to offer outside of your specific project area. *Madison Mills* will take you on a tour of how much more 4-H can be. Madi recently returned from the National 4-H Congress, from presenting with other 4-Hers at a National Conference and from participating at a National Horse Bowl Competition.

The World is Your Oyster

Explore the possibilities of your life and how to achieve them with *Sarah Lawrence*. Learn about look for opportunities and how to get results. Sarah will help you distill what you are most passionate about and set goals and priorities to get there. She will touch on activities through 4-H, the community and beyond such as Outward Bound, Foreign Exchange, college, travel, etc.

The Riddle of the Enjoyable Ride

Why plan riding meetings? What do we get out of group lessons? How can we ride together safely and make the most of the time? *Chris Lawrence* will cover planning a riding meeting, risk management, safety checks and teaching to a group with differing skill levels. Great class for leaders, parents, and older members.

Make Your Own Leather Bracelet

Continued from 1:00

A Cultivating Contraption

Continued from 1:00

Time, Talent, and Treasure

Continued from 1:00

Computer Refurbishing

Continued from 1:00

Leadership/Team Building

Join *Todd Williver* for short team building exercises designed to promote working together and the progress that can be made through collective conflict resolution.

Beginning Swine

Beginning a swine project? Learn some of the basics from *Judy Hackett*. She will cover housing, pens, what to look for when choosing your project animal, and some common problems with solutions. Bring your questions or concerns to discuss.

Staying Found in the Backcountry

Join Robert Speik, expert in survival strategies and mountaineering. This class includes a 12 page handout covering clothing layers & what light gear to carry into the backcountry of Oregon & how to use your inexpensive GPS to find your exact position with the UTM Grid of free USFS Maps.

Archery

Come and listen to expert bowman *Brian Evans* talk about archery and a newly formed Deschutes County 4-H Archery Club. Brian will talk about the different forms for archery, including compound, long, and re-curve bows as well as the fundamentals of modern Archery. Participants can sign up for the 4-H archery club, if interested.

Effective Communication

Striving for better relationships & less stress

How well do you communicate? What is your communication style? Is your message often misinterpreted? Join *Dana Martin* for some great tips on how to avoid problems that arise when there is miscommunication. Gain listening skills and develop an understanding of how people might perceive what you say. Quality communication is critical at work, home, and in life.

Winter Horse Care

Learn from *Jan Even* how to keep your horse healthy and happy through the winter. We'll cover nutrition, watering, colic prevention, and other winter health hazards, blanketing, and monitoring body conditions.

Dummy Roping

Learn parts and get practical hands on experience about 4-H roping. Christian and Colton Steinke will help you determine rope size, building a loop, throwing a loop, and catching a dummy or critter. Bring your own rope. **Limit: 10**

3:00 pm Classes

The Sport of Fencing

Continued from 2:00 pm

Horse Behavior

What makes my horse learn, react, and do what it does? Join *Peggy Ashford* and learn to deal with basic horse physiology and psychology.

Horse Bowl for Beginners

Horse bowl is a fun event that involves answering questions about horses. Join *Madison Mills* and test your horse knowledge.

Leadership/Team Building

Join *Todd Williver* for short team building exercises designed to promote working together and the progress that can be made through collective conflict resolution.

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Horse Show Ethics

Do you know the rules for you and your 4-H horse? This class will not just help you understand the rules, but also why certain things are important and what the intent really is. You'll learn to identify and change unethical behavior, that may be more complicated than just following rules. Ethics is a life skill, learn how they mix in the horse world. This class is for 7th grade to adults.

How to Give a Beef Animal Shots

Join *Shelby Pick* and learn where to give a beef animal a shot and how to administer this shot. Their will be a hands on learning time as well. **Limit 20**

Tack, Clothing & Rules—What's this, is it ok?

Join *Lindsay Soliz* and learn what is required attire and equipment and what is not necessary. This class will show you the basic needs of every horse 4-Her and demonstrate some options. Fancy silver and outfits NOT required, here's your chance to learn what it is.

Falconry

In this class *Danny Messinger* will introduce you to Falconry. He will bring his Red Tail Hawk for you to see.

Effective Communication

Striving for better relationships & less stress

How well do you communicate? What is your communication style? Is your message often misinterpreted? Join *Dana Martin* for some great tips on how to avoid problems that arise when there is miscommunication. Gain listening skills and develop an understanding of how people might perceive what you say. Quality communication is critical at work, home, and in life.

Winter Horse Care

Learn from *Jan Even* how to keep your horse healthy and happy through the winter. We'll cover nutrition, watering, colic prevention, and other winter health hazards, blanketing, and monitoring body conditions.

Dummy Roping

Learn parts and get practical hands on experience about 4-H roping. Christian and Colton Steinke will help you determine rope size, building a loop, throwing a loop, and catching a dummy or critter. Bring your own rope. **Limit: 10**

Fly Tying 101

In this class *Jon Harrang* will teach students about some basics of fly tying and will learn to tie a simple yet very effective fly called the Woolly Bugger. **Limit 10**

Bring forms and checks to the
Extension Office or mail
checks and forms to:

DCLA
P O Box 1251
Redmond OR 97756

Thank you!!

REGISTRATION FORM

Name _____ Day Phone _____

E-Mail: _____ County _____

Write your 1st, 2nd, and 3rd choice class. Please use a *separate sheet* for all family members and be sure to include \$10 per person or \$25 per family. **Please make checks payable to DCLA and mail to: Idea Fair, P O Box 1251, Redmond 97756.** Questions??? Call 548-6088 ext 7966

9:00 1st _____

2nd _____

3rd _____

10:00 1st _____

2nd _____

3rd _____

11:00 1st _____

2nd _____

3rd _____

1:00 1st _____

2nd _____

3rd _____

2:00 1st _____

2nd _____

3rd _____

3:00 1 st _____

2nd _____

3rd _____

Registration Fee X number of People \$10 x _____ = _____

OR \$25 per family

TOTAL _____

For registrations received after Wednesday, January 27 add a \$5 per person or \$10 per family late registration fee.

Noodles, Needles & Stuff

To all 4-H Home Ec & Expressive Arts Leaders, Superintendents & Volunteers:

As you all know this economic downturn has been very hard on Deschutes County, and 4-H is no exception. Because of this, my position will be eliminated as of January 15th. This decision has been a difficult one to make, but to keep the Deschutes County 4-H program strong, it was necessary. While leaving the program is hard for me, I know that it will continue to thrive under Candi and Todd's leadership, and that caring volunteers will step forward to take up the slack. There are many events and activities that I believe can be directed by volunteers to supplement the 4-H staff. Some of these are:

- Awards
- Cookie Camp
- COSA
- Fashion Review
- Harmony House Quilts
- Larkspur Festival
- Recognition Banquet
- Warm up America
- Fair Judging Day

If you are interested in any of these areas of leadership, please contact me before the 15th, or Candi at any time. I would like to talk to you in person about the future of this program at the next Advisory Committee Meeting, January 12th at 6 pm at the North Sister building. Please bring your questions, ideas and suggestions.

Again, it has been such a great run! I must say that working with you for the past several years has been an honor and a privilege! Thanks so much for all of your hard work and support for our program, and for your friendship!

Tina Hohman

For more information about Home Ec. & Expressive Arts go to:
<http://www.deschutes4h.com>

Home Ec/Ex Arts Youth Rep for Executive Committee

We are still looking for a youth representative for the Executive Committee to represent Home Ec an Expressive Arts! Sheyl Katzke has agreed to be our adult rep! Thanks Sheryl!

Warm Up America

Because our numbers are very low so far this year in the knitting and crocheting projects, we will NOT be doing Warm Up America this year. Please encourage your members to continue to make the 9 x 7 afghan squares, but save them for next year. Making these squares is a great way to practice new stitches, and create something for a good cause! Over the last many years Deschutes County 4-H has donated nearly 100 afghans to local homeless shelters! Keep up the good work, and hopefully we'll do it again in 2011!!



Home Ec. & Expressive Arts Awards Person

Thanks and appreciation go out to Joy Mosier who has been handling our home ec. and expressive arts awards for many years! She has done a great job and we are very grateful for her dedication! This year however, Joy has decided it is time to pass the baton, so we are looking for a volunteer to take on this very important job! If you would be interested, please contact Reaza.

Small Animal

Small Animal Weigh-In (Turkeys, chickens, rabbits)

Thursday, July 8; 4—6:30 PM
Deschutes Fairgrounds ~ Dairy Barn

Sunday Included!

The Deschutes County fair will once again be held through Sunday, making it a 5-day fair for 2010. Enjoy!

4-H Critter Campus

There will be a small animal educational workshop/clinic held on Saturday, January 30, 2010 at the Polk County Fairgrounds.

For more information contact Pamela at 503-373-3774.

Critter Romp

The Critter Romp will be held Saturday, February 20, 2010 at Yamhill County Fairgrounds in McMinnville. Registration begins at 8:00 am. For more information go to our website: www.deschutes4h.com.

Rickreall Round-Up

The Rickreall Round-up will be held at the Polk County Fair Grounds, Main Building on Saturday, February 13, 2010

For registration form and more information go to our website at www.deschutes4h.com. Click on Project and Programs then Small animal or call Nora Solvedt at 503-623-7707.

Scuttlebuns

Where: Washington County Fairgrounds
When: February 6, 2010

For more information call Noreen Lanphier at 503-324-9101.

Updated Dog Breed Groups and Definitions

Updated lists are available on the website: www.deschutes4h.com

Open Dog Fun Match

When: Saturday, January 23, 2010

Where: Deschutes Co. Fairgrounds, N. Sister

Cost: \$5.00 per Class

Registration begins at 8:15, classes start at 9:00

Obedience Classes

First Time, Pre-Novice, Novice, Grad Novice, Adv. Grad Novice, Open & Utility Classes

Showmanship Classes

First Time, Junior, Intermediate, Senior & Open Classes

Rally Obedience

All Levels

Great Silent Auction Items

Proceeds will go to benefit the Deschutes County 4-H dog program.

For more information contact Lisa Cooper at 280-3856

Fair Judges—2010

Poultry—Jim Adkins

Rabbit/Cavy—

Dog, Showmanship -

Dog, Obedience -

Dog, Rally O

Catch Pen

Weigh In Dates

Beef Weigh In:

Sat, Feb 6, 2010; 10 am—Noon
Sagebrush Arena

Sheep, Swine & Goat Weigh In:

Mon, May 17, 2010; 4 pm—8 pm
Goats: 6-8 pm ONLY.
Behind the sheep and hog barn

Country of Origin

If you are going to sell a lamb, goat, pig, chicken, or steer you must provide documentation to the packer that will prove where the animal was born and raised.

(See page 19 for a copy of Country of Origin Affidavit/Declaration.)

OSU Extension's Lambing School

Oregon State University animal science experts will present best practices for getting lambs off to a good start at an annual lambing school on January 26 in McMinnville.

The workshop will run from 8 am to 5 pm and is sponsored by the OSU Extension Service and Chemeketa Community College.

“This program will be held in a commercial sheep lambing barn and will emphasize hands-on experience for learners” said Gen Pirelli, a regional livestock specialist with the OSU Extension Service.

The program will include presentations on abnormal deliveries, lamb survival, obstetrics, grafting, foot trimming, ewe and lamb health, vaccinations, and dealing with emergency situations.

The cost is \$55 per person. Registration is limited to 12 participants and will be handled on a first come first serve basis.

For more information, Call 503-623-8395 or email Pirelli at gene.pirelli@oregonstate.edu

Sunday Included!

The Deschutes County fair will once again be held through Sunday, making it a 5-day fair for 2010. Enjoy!

Fair Judges—2010

Sheep: Josh Tewalt

Swine: Brett Kayson

Dairy & Meat Goat: Pat Hendrickson

Beef:

Llama:

Horse'n Around

4-H & Open Play Day

Yamhill Co. 4-H Horse Leaders are holding their 4-H & Open Play Day on Saturday, January 23, 2010. For more information go to our website: www.deschutes4h.com.

Jefferson County's Annual Tack Sale

Saturday, March 13; 9—4

Jefferson County Fairgrounds

More Information: Janis Dinkel: 541-546-5563

Northwest Horse Fair

(Formerly the NW Equine Expo)

When: Mar 19-21, 2010

Where: Linn County Fairgrounds, Albany, OR

What: An awesome equine event that includes National Experts, trainers and equine acts. 4-Hers get in free with 4-H ID. You won't want to miss this event. Of course, this would meet a pre-fair requirement too. Flyers available at the Extension Office.

Country of Origin Affidavit/Declaration

As an affidavit it is deemed by USDA as an official record of Country of Origin, I attest through first-hand knowledge, normal business records, or producer affidavit(s) that all livestock referenced by this document or other communications specific to the transaction and transferred are of **United States of America** origin. Should the origin of my livestock become other than that described above, I agree to notify the buyer/agent when this occurs.

This affidavit/declaration shall remain in effect until revoked in writing by the undersigned and is delivered to _____ (agent/buyer).
(4-H/FFA Member)

Date Seller (Printed) Business/Farm/Ranch Name of Seller

Signature Address

City State Zip Code

4-H/FFA Member Name: _____

Deschutes County Fair Ear Tag #: _____

Horse'n Around

Check Out Revised Publications

The driving manual and contest guide have both been revised as of October 1, 2009. They are major changes, I suggest you review. You can find the publications online at: <http://oregon.4h.oregonstate.edu/animal-science-horse>

For more information about Horse Stuff in Deschutes County, go to:
<http://www.deschutes4h.com>

Last Chance Int./Sr Horse Bowl

Since we had an error in our calendar – thanks everyone for actually going to the website and the newsletter! – **we'll have another horse bowl for intermediates and seniors** to accumulate good scoring rounds...we'll still pick the top 4 rounds.....just more opportunity to get great scores....

The final event will be: **Thu, Jan 21 at 6:30 pm**

On the fairgrounds, North Sister building.

Lane County's Annual Tack Sale

Lane County will be holding there annual Tack Sale on Saturday, January 23, 2010 from 9:00 am to 3:00 pm. For more information, go to our website: www.deschutes4h.com



Unable to attend the last project advisory meeting?
The minutes are on the website:
www.deschutes4h.com

Horse Judging Contest

Where: D.C. Fairgrounds—Sagebrush Arena

When: Sat., Feb 20 at 9 AM

What: Dress warm, then we'll move inside for oral reasons and the written part of the contest.

Who: All members should participate, no experience necessary; we'll walk them through the steps. This is an excellent opportunity to learn and network with other 4-Hers. Practice videos are available in the office or call Candi for a name of an experienced 4-Her who can help. ccb

Horse Presentations and Public Speakers We Want You!

Intermediates and Seniors, if you're interested in competing at Spring Horse Classic with an individual or team presentation or public speaking, contact Candi ASAP. We'll set up a contest night and get your ready to proceed. You can go to the State Website and review the criteria for the contest, <http://oregon.4h.oregonstate.edu/shc-events> Additional questions, give Candi a call. ccb

Junior Horse Bowl

Junior Horse Bowl will be held on Saturday, March 27, starting at 9:00 am.

OHSET, Central District Dates Set for 2010

Meet #1: Feb 26-28, 2010—DCFE

Meet #2: Apr 2– Apr 4, 2010—DCFE

Meet #3: Apr 16-18, 2010—DCFE

State Championship: May 13-16, 2010

in Central Point

Horse'n Around

Horse & Livestock Tack & Equipment Sale



Deschutes County Fair & Expo
North Sister Building
At the Idea Fair

Saturday, January 30, 2010

9 am—3 pm

Don't miss this opportunity to sell those out-grown items of tack and clothing. AND

Be sure to stop in and find some great buys on used tack, equipment and clothing!

Bring your items at 8AM on SAT or better at 7PM on Friday evening, or make alternative arrangements

for pick up or any questions, contact:

Candi at 548-6088

By Cell Phone the day of the event: 541-419-6350

This event is sponsored by the Deschutes County 4-H Horse Leaders. They will be charging a 15% commission on all sales and those proceeds will benefit the horse program in Deschutes County. All sales will be paid out, by check, to sellers within 10 days of the sale.



**Deschutes County
Extension Staff**

3893 SW Airport Way, Redmond, OR 97756
541/548-6088 or Fax: 541/548-8919
<http://extension.oregonstate.edu/deschutes/>

4-H Staff

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Candi.Bothum@oregonstate.edu

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Reaza.Mansur@oregonstate.edu

Dave White, 4-H/Youth Development Faculty
541/548-6088 x 7953 or
David.White@oregonstate.edu

**AND hundreds of volunteers
that make all the difference!**

MOVING?

Don't miss a single issue of *Over the Clover*. Fill out the form below and return it to OSU Extension Service, P O Box 1251, Redmond OR 97756 now! If you are a new subscriber, please enclose \$10 payable to DCLA (Deschutes County 4-H Leaders Association).

Name _____

Email _____

Street _____

Phone _____

City _____

State _____ Zip _____



For the Record...

Extension Service, Oregon State University, Corvallis, Scott Reed, Dean & Director. This publication was produced and distributed in furtherance of the Acts of Congress of May 8 and June 30, 1914. Extension work is a cooperative program of Oregon State University, the U.S. Department of Agriculture, and Oregon Counties.

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