

Dates to Remember

- Sat, Oct 3 Dog **Judges' Training;** Salem
- Mon, Oct 6 Auction Meeting; MVHS-Bend
- Wed, Oct 7 National 4-H Science Day; Redmond
- Thur, Oct 8 National 4-H Science Day; Bend
- Tue, Oct 13 Introduction to becoming a Sewing Leader, 6pm extension office
- Tues, Oct 20 New Leader Training; 6:30 pm
- Wed, Oct 21 Introduction to becoming a Foods Leader, 6pm extension office
- Nov 26-27 Thanksgiving - Office Closed

### Don't Forget This

Major Event!

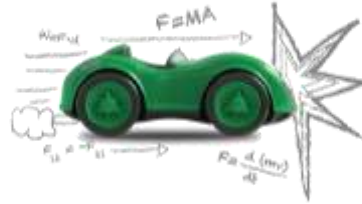
- Sat-Sun Dec 5-6 A BIG Deal!

# Clover Companion

A Weekly Update for Deschutes County 4-H



October 4-10, 2015 page 1



## 2015 National Science Experiment: Motion Commotion

National 4-H Council and 4-H National Headquarters are pleased to announce the 2015 4-H National Youth Science Day Experiment, **Motion Commotion**. *Motion Commotion* will enable youth to explore the physics of motion and distracted driving.

Developed by Oregon State University Cooperative Extension, this exciting activity will combine a speeding car collision and a distracted driving demonstration in a simulated activity that investigates the physical and human factors of motion.

The two-part experiment will test young people's knowledge of science, speed and safety by:

- Constructing a simulated runway to analyze the speed, momentum and kinetic energy of a car in motion, and will explore the science behind the car's collisions.
- Leading an experiment that uses the same physics principles to demonstrate the consequences of distractions in everyday life

### JOIN US HERE IN BEND AND REDMOND!

This free, quick and hands-on event will be held on **Wednesday, October 7, 2015** (Redmond) and **Thursday, October 8, 2015** (Bend), and will bring 4-H'ers together from all around the nation to complete this single, innovative activity.

Please RSVP for details, space is limited [diana.stephens@oregonstate.edu](mailto:diana.stephens@oregonstate.edu)



## Time to Re-Enroll

Enrollment Fees Remain the SAME for the 2015/16 4-H Year

\$45 per year on or before Jan 15.

\$50 after Jan 15.

The 3rd child and Cloverbuds \$25.

Remember we enroll by age now...

**Cloverbuds:** Age 5-8 on Sept 1

**Juniors:** Age 9-11 on Sept 1

**Intermediates:** Age 12-14 on Sept 1

**Seniors:** age 15-19 on Sept 1

## Application Guidelines



### DEADLINE:

Monday, November 30, 2015  
12:00 PM ET

No applications will be accepted after the deadline.  
All questions can be sent to Rachel Mentzer at [4H.LegacyAwards@4-h.org](mailto:4H.LegacyAwards@4-h.org).

APPLICANTS MUST HAVE APPROVAL BY A STATE PROGRAM LEADER OR COUNTY EXTENSION AGENT WITH 4-H OVERSIGHT FOR AN APPLICATION TO BE OFFICIALLY SUBMITTED.

## [Youth in Action Information and Application](#)

## Introduction to Becoming a Sewing Leader

Tues. Oct 13, 2015; 6pm  
Extension Office

Learning to be a 4-H sewing leader is something that we believe is totally a "learn by doing" experience. Come join us to see how easy and rewarding it is to work with our youth by leading a 4-H sewing club. Contact Reza for more information, 541-548-6088



## Ropes Course Facilitator Class

October 17 & 18, 2015

We're looking for fifteen or more volunteers (adults and mature youth, please) who would like be trained as facilitators on the course. This is an incredibly fun and meaningful way to give back to your community, and make a difference in the lives of our youth. Please contact Diana by **October 9** if you are interested in being involved at [diana.stephens@oregonstate.edu](mailto:diana.stephens@oregonstate.edu) or 541-548-6088.



On the Deschutes County  
Fairgrounds Site at:

3893 SW Airport Way  
Redmond, OR 97756  
541-548-6088

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[www.deschutes4h.com](http://www.deschutes4h.com)

Also, check out these websites:

**Oregon 4-H**

[oregon.4h.oregonstate.edu/](http://oregon.4h.oregonstate.edu/)

**Deschutes County Extension**

[Extension.oregonstate.edu/  
deschutes](http://Extension.oregonstate.edu/deschutes)

## Sheep Nutrition Workshop

Wednesday, October 7, 2015

Crook County Open Campus Building, Prineville

5:30 – 8:00 (Pizza dinner included)

Shelby Filley, OSU Extension Livestock and Forage Specialist from Douglas County, OR will be the guest speaker at this workshop hosted by the Central Oregon Sheep Growers group and the OSU Crook County Extension Service. The purpose of the workshop is to discuss the nutritional requirements of sheep according to the animal's biological cycle and the effects of nutrition on animal well-being and performance. The nutritive values of different feeds and why they differ will also be covered. Those in attendance will be encouraged to bring with them, information about their feed resources including costs. This information will be used to show producers how they can develop their own rations while including cost considerations. Sheep producers of all ages are invited to attend. RSVP's are encouraged. Call the OSU Crook County Extension Office for registration. 541-447-6228 Tim Deboodt



## It's that time again!!

### VENDORS WANTED!

Booths: crafts \$40 & commercial \$60. Electricity is available at each booth at no charge, tables are available for \$5.00 and chairs for \$2.00. A phone line can be made available for \$150.00 with advanced notice.

### ACCEPTING DONATIONS!

Please donate your gently used unwanted clothing, books, toys, household items, etc., to benefit 4-H. Items may be delivered now through December 4, 2015. Receipts are available for your donation.

### TACK & EQUIPMENT

Let us sell your gently used tack and equipment! Your 15% consignment fee benefits 4-H. Items may be delivered December 4, 2015; any unsold items must be picked up by 3pm December 6, 2015.

*For more information contact Kim or Reaza at 541-548-6088*



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